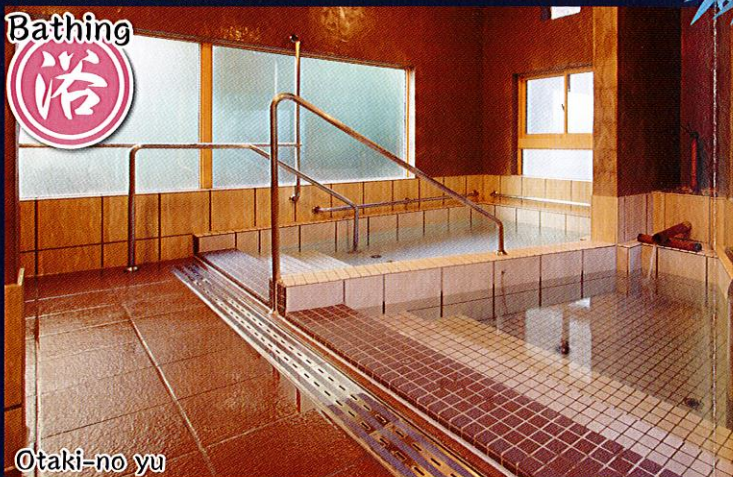


# Yujuku Onsen Over 1,200 Years of History

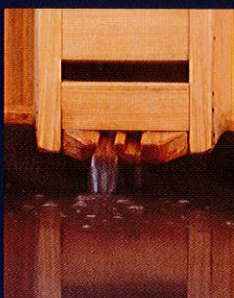
Yujuku Onsen was first discovered by Buddhist Priest Kosu during the Heian Period. This naturally occurring spa has excellent water qualities, making it beloved among people as a place to stay extended periods of time to cure an ailment or illness.

## Bathing



Otaki-no yu

## Otakiya – Yakushi-no yu



Yujuku Onsen has a close connection with the Sanada Family, and Sanada Nobuyuki, the first lord of Numata Castle, came here to rejuvenate his body following the Battle of Sekigahara. Nobunao Sanada, the fifth lord of Numata Castle, cured his hemorrhoids in these waters, leading to the construction of a Yakushi Nyorai

Temple in the hills behind the community Otakiya is known as Yakushi no yu based on the Yakushi Nyorai Temple located nearby.

The hotel's spa include two types—**Kuboyu** (sulfate spa) and **Otaki** (hydrogen carbonate spa)—that are fed continuously to its bathing facilities from the spa source—with out mixing.

● Inner bath: Man 1 / Women 1 ● Private baths: 1

**Spa quality** ..... **Kuboyu** / sodium · calcium – sulfate spa  
**Otaki** / calcium – hydrogen carbonate spa

**Benefits** ..... Improves nerve pain, chronic gastrointestinal ailments, hemorrhoids, hardening of the arteries, gout, cuts, burns, chronic skin diseases, allergies, valvular disease of the heart, and others, etc.

## Relaxation



Guestrooms each feature their own unique wall accents and color pallets based on the name they are given. There are five completely Japanese-style guestrooms and one Western-style room with a skylight.

Each room offers handrails and ramps for easy accessibility by all.

Maximum occupancy: 20 / Guestrooms: 6 (all offer washlet toilets and wash basins)  
Size of restaurant and banquet hall: 20-tatami mats

The hotel is a completely smoke free environment.



Kura-no ma



Sora-no ma



Ai-no ma



Cha-no ma

## Fine Dining



Minakami Town is surrounded by a verdant natural environment and is also a treasure trove of agricultural produce. The community boasts high quality rice production thanks to the area's pristine waters.

Meals are prepared using only locally sourced vegetables.

Guests staying extended periods for health purposes are served a different menu of food ever yday.

Vegetarian options are also available.



Restaurant



Image of dinner meal

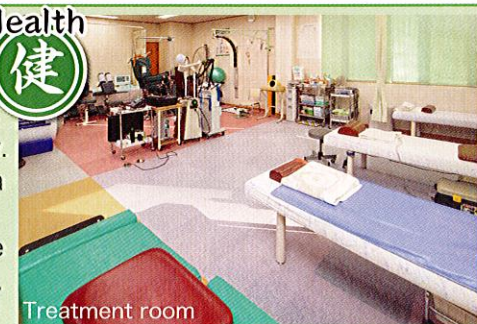
## Yujuku Onsen Judo therapy office

## Health



The Yujuku Onsen Judo therapy office is attached to Otakiya. It has established an acclaimed reputation among many people for its effective programs combining judo therapy treatment and spa therapy. Treatment options also include either electric stimulus or hyperthermia therapy.

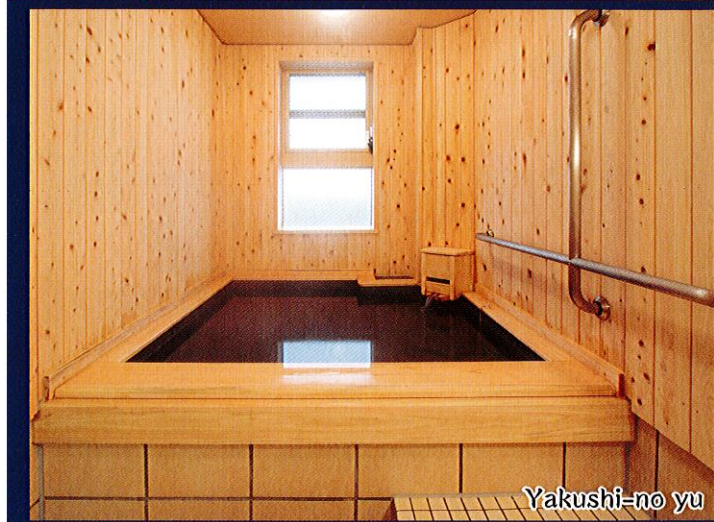
Services include treatment covered by Japan's national health insurance and many supplementary providers or out-of-pocket programs as well. Feel free to contact the clinic for more information.



Treatment room



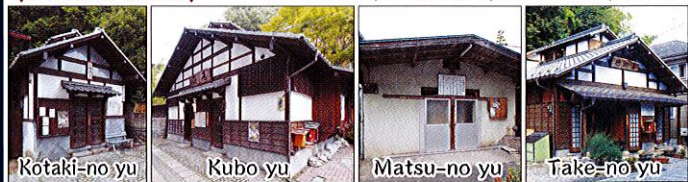
Kizuna-no yu  
(private rental bath)



Yakushi-no yu

### Bathing at Other Baths (4 Public Baths)

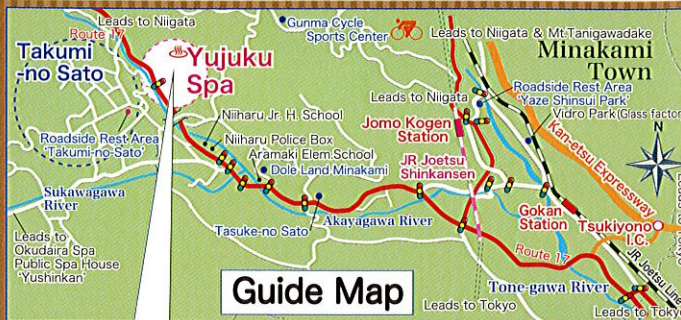
Enjoy a stroll through the tranquil town and its flagstone paved streets as you explore the community and try out the different spa baths open to the public.



Kotaki-no yu   Kubo yu   Matsu-no yu   Take-no yu

## Gorobe-e Yakata

Gorobe-e Yakata is a restaurant directly owned and operated by the hotel. It is housed in a former sericulture farmer's home that was relocated and remodeled. The menu focuses on udon and soba noodle dishes. The most popular menu item is the Gorobe-e Udon Set Meal. There is a Gorobe-e Jizo Statue onsite and accessible for prayers.



Guide Map



### Access to Otakiya

**For visitors coming by Shinkansen**  
From Tokyo area  
Tokyo sta. → Joetsu Shinkansen → Jomickogen sta. → Route 17 → Otakiya  
75min. About 12km by taxi or bus

**For visitors coming by Train (other than Shinkansen)**  
From Tokyo area  
Ueno sta. → JR Joetsu Line Limited Express → Gokan sta. → Route 17 → Otakiya  
About 130 min. About 12km by taxi or bus

**For visitors coming by Car**  
From Tokyo area  
Nerima I.C. → Kan-Etsu Expressway → Tsukiyono I.C. → Route 17 → Otakiya  
131.2km. About 12km.

### Joshin-etsu High Land National Park/Sarugakyo Mikuni Spa Area



## Yujuku Onsen Otakiya

Wi-Fi Spot

tel.0278-64-0602 fax.0278-64-2266

2383Yujuku Onsen Minamami-machi tone-gun Gunma Prefecture 〒379-1409

webmaster@yujuku-onsen.com <http://www.yujuku-onsen.com>

## Bath, Eat and Rejuvenate

# Otakiya

Modern Spa accommodations and therapy at Yujuku Onsen

Sarugakyo Mikuni Spa Area in Gunma Prefecture, is the Ministry of the Environment designated national recreation Spa.